

If you require a translation please contact:

Se avete bisogno di una traduzione si prega contattare:

Si usted requiere una traducción de esta información por favor contacte a:

اگر آپ کو اس کے ترجمے کی ضرورت پیش ہو تو آپ ہم سے رجوع فرمائیں۔

আপনার যদি এই পত্রের অনুবাদের দরকার হয়,
তাহলে দয়া করে যোগাযোগ করুন :

Patient Advice and Liaison Service (PALS)
01932 723553

Ashford and St. Peter's Hospitals 
NHS Trust

INTRAVENOUS SEDATION

Department of Oral & Maxillofacial Surgery

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA

Telephone **01784 884488** Facsimile **01784 884017**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ

Telephone **01932 872000** Facsimile **01932 874757**

Website: www.ashfordstpeters.nhs.uk

PATIENT INFORMATION

WHAT IS INTRAVENOUS SEDATION?

This is the process whereby you are given a sedative medication which causes you to become very relaxed and much less anxious, making a surgical procedure much more comfortable.

THE PROCEDURE

Your minor operation will be carried out using a safe sedation technique, which will ensure you are relaxed and comfortable.

A small injection is usually given in the back of the hand or your arm. This will relax you to such an extent; it is likely to be the only thing you remember before recovering.

When you are fully sedated and relaxed, a local anaesthetic is given to completely numb the operation site so you are unaware of the procedure.

WHAT ARE THE RISKS?

Risks associated with sedation are minimal. Should you become too sleepy under the sedation you will be given a drug to reverse the affects.

FURTHER INFORMATION

Should you require additional advice please contact St. Peter's Hospital – telephone **01932 872000** ext.**2493** or Ashford Hospital – telephone **01784 884009**

Useful information may also be obtained by logging on to the following websites: [www.youranaesthetic.info/anaesthesia explained](http://www.youranaesthetic.info/anaesthesia_explained) or <http://www.oyston.com/anaes/>

WHAT ARE THE BENEFITS OF SEDATION?

- It avoids the use of a general anaesthetic and the risks associated with it
- It alleviates the stress of surgery
- You will not remember the surgery

ARE THERE ANY ALTERNATIVES?

It is possible to have treatment under a local anaesthetic only, this means the area treated will feel numb but you will be completely awake and alert throughout the procedure.

It is important that you have considered all the options available to you before you sign your consent form. If you have any questions, please ask.

PREPARING FOR SURGERY

You **MUST** bring a responsible adult with you who is able to escort you home and look after you for the rest of the day. Sedation **WILL NOT** be given if you are without an escort.

Please wear loose clothing and flat shoes.

Please do not bring your children to this appointment.

Take any medicines as normal

Author:	Richard Allen
Department:	Oral & Maxillofacial Surgery
Version: 3	Published: 18/11/2008 Review date: 17/11/2011

Eating and drinking

You may have a light breakfast or lunch Do **NOT** eat fatty foods or drink alcohol

Smoking

Smoking delays healing and increases the risk of infection so please avoid this before and after surgery, and until your wounds have healed.

The hospital has a no-smoking policy which means that smoking is not allowed inside the hospital, in any entrances or doorways or within the grounds.

AFTER SURGERY

It is important to avoid any of the following for at least 24 hours and preferably 48 hours:

- Driving
- Using any power tool or mechanical machinery
- Drinking alcohol
- Undue exertion
- Making any vital decisions or signing any important documents
- Looking after children

WILL I BE IN PAIN AFTERWARDS?

It is a good idea to have mild painkillers at home such as Paracetamol or Ibuprofen, (unless you are allergic, sensitive to or unable to take aspirin or similar products).

We recommend that you take a painkiller before the numbness of the local anaesthetic wears off, as you may experience some discomfort then.

When taking medicines it is important to read and follow the instructions, warnings and dosage on the bottle or packet. If you are prescribed antibiotics, complete the course.

APPOINTMENTS

If you are unable to attend, you wish to change the date of your appointment, or you have changed your mind, please let us know as soon as possible in order to discuss and agree another date. If you do not keep your appointment and have not previously contacted us, you will not be sent another appointment.

We will make every effort to avoid changing your appointment, but we regret that, due to unavoidable circumstances, occasionally this happens.