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To use the Text Relay service, prefix all numbers with 18802.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Head Injury (Baby and Toddler)

Paediatrics Department

Head Injury (Baby and Toddler)

SYMPTOMS AND THEIR CAUSES

For the first few hours after a head injury expect that your baby/toddler may be pale, quieter than usual or slightly irritable.

Should any of the following symptoms occur, please return to the Accident and Emergency Department immediately:

- Unusual sleepiness or you are unable to wake them properly.
- Vomiting on more than two occasions
- Your baby or toddler acts in a strange or unusual way which persists for more than an hour
- Your baby/ toddler is crying constantly or in an unusual way that you are unable to settle
- Any collapse or episodes of shaking or jerking movements.
- Your baby/ toddler is unable to do things they were previously able to do, for example grasp objects, sit, stand or walk
- Any new or spreading bruising, particularly around the eyes or ears
- Any unusual new bleeding or fluid leaking from the ears or nose

ON DISCHARGE HOME

On discharge home your baby/toddler should be treated as follows for the first 48 hours:

Baby

Offer milk feeds as normal and a light weaning diet if appropriate.
Your baby should be alert and easily rousable from their sleep.

Toddler

Keep your toddler as quiet as possible avoiding rigorous outdoor play.
Offer a light diet avoiding rich foods, sweets, chocolates and fizzy drinks for the first 24 hours.
Your toddler should be alert and easily rousable from their sleep.

FURTHER INFORMATION

Paediatric Accident and Emergency Department
St. Peter's Hospital
Guildford Road
Chertsey
Surrey KT16 0PZ
Telephone 01932 872000

For reassurance and advice please contact NHS Direct on: 0845 4647

The following website gives useful advice about a head injury: www.nhsdirect.co.uk

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

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