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اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ने उगाठु उतनमे दी लेउ वै उं विरथा वरवे इस नंघर उे बेन वरवे: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

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यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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Ashford, Middlesex
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Pulled Elbow

Paediatric A&E Department

Pulled Elbow

INTRODUCTION

Your child has been diagnosed as having a "Pulled Elbow".

This is a common condition in young children and is not a dislocation, but a movement of one of the bones in the elbow out of its ligament. This usually happens when a child's arm is accidentally pulled and sometimes they may not even remember it happening.

An x-ray of the elbow may be required to rule out a bone injury, but will not help with the diagnosis of a pulled elbow.

The doctor can usually make the bone go back into its ligament. This involves moving the elbow and it may be painful for a few seconds as it goes back in.

Normally your child will be able to use the arm very quickly after the treatment, but this may take 30 minutes or longer if the pulled elbow has been present for a while.

It is possible that a pulled elbow may happen again until your child reaches the age of 4-5 when the bone in the elbow has grown enough to stop moving out of its ligament. Either elbow can be affected.

If it does happen again, your child is complaining of a painful elbow or you notice they are not using the arm, please return to your nearest Accident and Emergency Department.

FURTHER INFORMATION

Paediatric Accident and Emergency Department
St. Peter's Hospital
Guildford Road
Chertsey
Surrey KT16 0PZ
Telephone **01932 872000**

For reassurance and advice please contact NHS Direct on: **0845 4647**

The following website also gives useful advice: www.patient.co.uk

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

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