



We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18802.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की ज़रूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Supracondylar Fracture of the Humerus

Paediatric A&E Department

Supercondylar Fracture of the Humerus

INTRODUCTION

A Supracondylar Fracture of the Humerus is one of the most common fractures in children. It occurs at the elbow in the lower end of the upper arm (humerus), usually from falling onto an outstretched hand.

HOW WILL IT BE TREATED?

Your child's arm will be placed in a collar and cuff type sling and will be positioned at a right angle. This should be worn all the time and it will be necessary to retain the arm close to the body underneath clothing for the first three weeks, and then for a further three weeks outside clothing.

WHAT SHOULD I DO?

Give your child a medicine such as Calpol, Ibuprofen or Paracetamol for pain relief. Please follow the dosage and frequency instructions on the bottle/packet carefully.

Dress the injured arm first and undress it last.

Encourage shoulder exercises and use of the other hand.

Keep the skin around the neck, under the arm and in the elbow crease clean and dry.

Do not remove the arm from the collar and cuff until advised even at night time.

Your child will be given an appointment for the Fracture Clinic for orthopaedic follow up, but if you have any concerns before this please do contact the Accident & Emergency Department for advice.

FURTHER INFORMATION

Paediatric Accident and Emergency Department
St Peter's Hospital
Guildford Road
Chertsey
Surrey KT16 0PZ

Telephone **01932 872000**

For reassurance and advice please contact NHS Direct on **0845 4647**.

The following website gives useful advice: www.patient.co.uk

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

Author: Dr Erin Dawson

Department: Paediatric A&E

Version: 2

Published: Jul 2008

Review: Jul 2011