

Manual Handling Policy

A Guide for Patients, Relatives and Friends

Ashford and St. Peter's Hospitals NHS Foundation Trust has adopted a minimal handling approach to assist with patients' mobility needs, ensuring handling is safe for both patients and staff. This is in line with the Health & Safety at Work Act (1974) and the Manual Handling Operations Regulations (1992) (amended 2007).

During your relative's/friend's stay in hospital, they will be encouraged to move them-selves and maintain independence wherever possible.

An assessment of their mobility needs will be carried out on admission and documented as part of their plan of care. This plan will be reviewed and updated as necessary.

Patients who do require assistance with their mobility will be given the necessary guidance and/or mobility aids, such as a hoist, slings, slide sheets, Zimmer frame and other specialised equipment. Aids such as this will improve safety and comfort, and will help towards regaining independence and recovery where appropriate.

Our Trust also has a responsibility to look after our staff. One in four nurses in the UK have taken time off with a back injury sustained at work, for some of whom it has meant the end of their nursing career. RCN 2005.

If your relative/friend uses a mobility / walking aid at home, please ensure that it is brought into hospital with them when they are admitted. If they have an outpatient's appointment, please ensure that the department is informed of any mobility issues.

Further Information

If you have any concerns or queries please contact The Manual Handling Team on 01932 872000 ext. 3664.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk.

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We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.



To use the Text Relay service, prefix all numbers with 18802.

اگر نیاز بہ ترجمہ دارید، لطفا با شماره 01932 723553 تماس بگیرید.
ਜੇ ਤੁਹਾਨੂੰ ਤਰجمہ ਦੀ لੋੜ ਹੈ ਤਾਂ ਕਿਰپا کر کے ਇਸ نمبر ਤے فون کر کے: 01932 723553
اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براؤزر میں اس فون نمبر 01932 723553 پر رابطہ کریں
Se precisa de uma tradução por favor contacte: 01932 723553

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Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

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