

If you require a translation please contact:

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اگر آپ کو اس کے ترجمے کی ضرورت ہو تو آپ ہم سے رجوع فرمائیں۔

আপনার যদি এই পত্রের অনুবাদের দরকার হয়,
তাহলে দয়া করে যোগাযোগ করুন :

Patient Advice and Liaison Service (PALS)
01932 723553

FRACTURED FINGERS AND TOES

Advice to Patients

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA

Telephone **01784 884488** Facsimile **01784 884017**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ

Telephone **01932 872000** Facsimile **01932 874757**

PATIENT INFORMATION

FRACTURED FINGERS AND TOES

A fracture is the medical term for a crack or a break. We do not usually x-ray toes unless the big toe is injured or the toe is clinically dislocated.

TREATMENT

We treat fractured fingers and toes by strapping the broken finger/toe to the one next to it. This acts like a splint. Keep the strapping on for about two weeks or until the pain has resolved. Replace the strapping if it gets wet or falls off.

For broken toes a metatarsal pad may also be applied to the sole of the foot to improve comfort when walking.

Remember to take pain relief.

FURTHER INFORMATION

If you need any further assistance, please telephone **01784 884828** for Walk-in Centre at Ashford Hospital or 01932 722025 for Accident & Emergency, St. Peter's Hospital.

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