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Molluscum Contagiosum in Adults

Genito-Urinary Medicine

Molluscum Contagiosum in Adults

What is Molluscum Contagiosum?

Molluscum contagiosum is a contagious viral condition, which may be spread by sexual or close social contact, clothing or towels.

What are the symptoms?

Small pearly white raised spots with a dimpled centre appear in the skin, usually on the genitals and thighs, but they may appear on other parts of the body or the face. Quite a few people will experience aching or discomfort at the site.

How does it spread?

It is highly contagious and may be spread through sexual contact but it is also spread through close social contact such as in swimming pools and saunas.

Towels or clothing used by a previously infected person may be a source of infection.

How is it diagnosed?

Diagnosis is usually based on a visual identification of the spots by a doctor.

Preventative Measures or Alternative Treatments

Precautions

Avoid scratching the spots as this can spread the virus. DO NOT share towels, face cloths, or sponges, etc. It is inadvisable to have sexual contact until the spots have gone.

Treatment

The spots may disappear on their own. However, there are several effective treatments available, which may help to get rid of the spots more speedily. These are available from any Genito-Urinary Medicine (GUM) Clinic or your General Practitioner.

Further Information

Contact phone number: **01932 722390**

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk

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