

If you require a translation please contact:

Se avete bisogno di una traduzione si prega contattare:

Si usted requiere una traducción de esta información por favor contacte a:

اگر آپ کو اس کے ترجمے کی ضرورت ہو تو آپ ہم سے رجوع فرمائیں۔

আপনার যদি এই পত্রের অনুবাদের দরকার হয়,
তাহলে দয়া করে যোগাযোগ করুন :

Patient Advice and Liaison Service (PALS)
01932 723553

Ashford and St. Peter's Hospitals 
NHS Trust

Lung Cancer Services

Introducing your Key Worker

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA

Telephone **01784 884488** Facsimile **01784 884017**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ

Telephone **01932 872000** Facsimile **01932 874757**

Website: www.ashfordstpeters.nhs.uk

PATIENT INFORMATION

INTRODUCTION

You have been advised that you have Lung Cancer or Mesothelioma. You are probably feeling worried or anxious about what this means and how it may affect you.

I WILL BE YOUR KEY WORKER My name is Lesley Spencer and I am a Consultant Nurse Lung Cancer

Please do not hesitate to contact me regarding any concerns you may have, whether for advice, to explain any facet of your condition or merely to have someone to talk to.

You can contact me at **St. Peters Hospital** via my Direct Line on **01932 722851** or via switchboard on **01932 872000** on pager **8176**

My working hours are Monday - Friday 09.00 to 15.00 hours.

Please leave a message if I am not available and I will return your call as soon as I can. If I am on leave or away from the Trust there will be a message advising you whom to contact in my absence

Working closely with a team of Doctors, Nurses and other Health Professionals I am specifically involved in caring for patients who have Lung Cancer and Mesothelioma. Together we form the Multidisciplinary Team. As a core member of this team I will act as your Key Worker throughout your care.

WHAT DOES A KEY WORKER DO?

As your Key Worker my aim is to help coordinate your care and provide you with continuity. I can do this by acting as a link

between you and the various other hospitals/ staff involved in your care. I can also liaise with the Community Care Teams.

It is appreciated that this can be a very difficult time for you and you may experience a wide range of emotions. It may be that you feel you need more information about your illness and the treatment or management planned for you. You may have choices to make, want to know what to expect in the future or take advantage of the opportunity to talk about how you are feeling.

I am available to answer any questions, discuss your individual worries and concerns and talk openly with you about the emotions you may be experiencing. I can access a variety of resources to help support you and your family. I can also advise you on the management of your symptoms.

A Nurse-led clinic is available for you on alternate Tuesday mornings should you feel the need to talk in more depth or have more frequent follow up.

I am happy to see you by yourself or with a relative/partner/friend. If I am not able to fully answer your questions I will try to find someone else for you to talk to. Please do not hesitate to contact me.

HOW YOUR CARE IS PLANNED

The Multi-disciplinary Team (MDT) meets weekly to discuss all newly diagnosed patients. A treatment plan is proposed for you at this meeting, and this will be discussed with you at your next outpatient appointment.

The Doctors who explain your diagnosis will ask me to see you or contact you to offer further information and support. The

management discussed with you may take place at St. George's Hospital, London, The Heart Hospital, London, St. Luke's Cancer Centre, Guildford or you may continue to be managed by the Respiratory team at St. Peter's Hospital.

Further Information and other useful contacts may be found in your Blue Patient Record Diary.

ADDITIONAL SUPPORT

Judith Allford, our Hospital Chaplain, holds the contact details of many of the recognised bodies in the local area that offer spiritual care. Patients and their families who feel this input would be helpful can contact Judith via the hospital switchboard.

The small chapel situated on level 2 (near Accident and Emergency) welcomes everyone

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