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اگر آپ کو اس کے ترجمے کی ضرورت ہو تو آپ ہم سے رجوع فرمائیں۔

আপনার যদি এই পত্রের অনুবাদের দরকার হয়,
তাহলে দয়া করে যোগাযোগ করুন :

Patient Advice and Liaison Service (PALS)
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AMBLYOPIA AND PATCHING TREATMENT

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PATIENT INFORMATION

WHAT IS AMBLYOPIA?

Your child has a condition known as Amblyopia which is failure of the visual system to develop normally.

Approximately 4% of children will need to wear a patch over one eye in order to encourage better vision in their lazy (amblyopic) eye. This treatment is called occlusion therapy.

The common causes of amblyopia are

- Squint (turn in the eye)
- Refractive error (a need for glasses)
- Ptosis (droopy eyelid)

HOW IS AMBLYOPIA TREATED?

In order to be successful, occlusion (patching) must be carried out while your child's vision is still developing. Improvement in vision is harder the longer treatment is delayed and, in most cases, amblyopia cannot be treated after the age of 8.

This treatment works by covering the 'good' eye using a sticky patch to force the weaker eye to work. If your child needs to wear glasses these should be worn over the top of the patch.

Initially your child may object to wearing the patch, this is because apart from feeling strange and slightly uncomfortable, he/she will not be able to see as well as before. As the vision improves this should become easier.

The patch is worn to improve the ability of the eye to see, it will not improve a squint that is present or eliminate a need for glasses.

WHEN CAN THE PATCH BE WORN?

The easiest way to keep a patch on is to distract your child's attention. Playing games, colouring in or reading with your child are good ways to encourage co-operation with the patching. You may also find that he/she will wear the patch whilst watching television or playing computer games. It may also be worn at school.

Please be aware that, whilst your child is wearing a patch, half of their visual field is lost. As a result we advise against wearing a patch for outdoor/adventure activities e.g. bike riding.

HOW LONG WILL IT TAKE TO GET BETTER?

It is not possible to know how long your child's vision will take to improve, this will depend on several factors that your orthoptist will discuss with you. You will be advised on how long the patch should be worn each day in order to obtain the best vision possible for your child.

Whilst undergoing occlusion treatment, you and your child will be seen regularly in the orthoptic department to monitor the effects of the treatment. It is therefore vital that you keep your appointments.

FOR FURTHER INFORMATION PLEASE CONTACT

Orthoptic Department:

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