

If you require a translation please contact:

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اگر آپ کو اس کے ترجمے کی ضرورت ہو تو آپ ہم سے رجوع فرمائیں۔

আপনার যদি এই পত্রের অনুবাদের দরকার হয়,
তাহলে দয়া করে যোগাযোগ করুন :

Patient Advice and Liaison Service (PALS)
01932 723553

CYCLOPENTOLATE EYE DROPS

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA

Telephone **01784 884488** Facsimile **01784 884017**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ

Telephone **01932 872000** Facsimile **01932 874757**

Website: www.ashfordstpeters.nhs.uk

PATIENT INFORMATION

INTRODUCTION

Your child has had their vision checked by either a nurse or an orthoptist.

Now, to enable us to check the health of the inside of the eye and to test accurately for glasses, the pupil (the black spot in the centre of the eye) must be dilated. This will be done using eye drops.

The eye drop your child will be using is called **Cyclopentolate 1%**.

Please let the orthoptist, nurse, or doctor know if your child has reacted to any eye drops or ointments in the past.

ON THE DAY OF THE APPOINTMENT

- Please ensure you wash your hands before and after using the eye drops.
- Put one drop into each eye one hour before the appointment time, and again 15 minutes later.
- Pull down the bottom lid and place a drop into the centre of the lower lid of each eye.
- It is easier if the child is lying down or there is another adult available to help you.
- If you are unsure about the drops going in, it is safe to repeat the process.
- Try aiming for the white part of the eye as the drops may sting a little if they go directly onto the coloured part.
- The drops take a minimum of 40 minutes to work. Dark eyes may take longer to dilate and may need additional drops at the hospital to ensure accurate testing.

WHAT DO THE DROPS DO?

- The pupil will be dilated.
- Your child may mention that things look blurred - it is advisable to inform their schoolteacher of this.
- Your child's eyes may be very sensitive to bright light - a cap or sunglasses may help reduce their symptoms.

- Once the drops have been applied your child may become a little flushed. This is a normal effect of the drops.
- As they may feel dehydrated whilst using the drops, please ensure your child drinks plenty of water.
- The effects of the drops may last up to 24 hours, they are always temporary and produce no long term side effects.

STORAGE AND DISPOSAL

- Keep the eye drops out of reach of children
- Store them in a cool place
- Dispose of the drops safely at home, or bring them with you to your appointment.

PLEASE REMEMBER:

- **Please do not use the drops if your child is unwell or has a slight temperature. It is better to call and rebook your appointment for when your child is well.**
- **The drops should only be used for the child undergoing the eye examination, and never by any other person.**
- **The eye drop is a drug. Once you have applied the drops, if your child becomes severely flushed, irritable or dehydrated they may be allergic to the treatment. Stop using the drops immediately, contact your doctor and notify the eye clinic as soon as possible.**

FOR FURTHER INFORMATION, PLEASE CONTACT:

Orthoptic Department:

Ashford Hospital:	01784 884 133
St. Peters Hospital:	01932 712 146
West Middlesex Hospital:	020 8321 5057
Woking Community Hospital:	01483 715 911 ext 6327

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Version: 2	Published: 29/02/2008 Review date: 28/02/2010