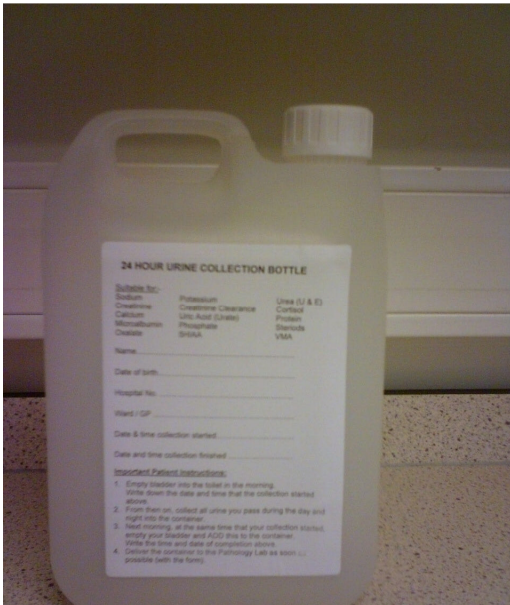


Guidance for patients providing a 24 hour urine collection



Introduction

A 24 hour urine collection may be requested for a variety of reasons, including the investigation of high blood pressure, symptoms of flushing or after discovering some protein in the urine. Please discuss with your doctor the reason for your 24 hour urine collection.

Collection information:

The urine must be collected into a special container provided by the Pathology laboratory at Ashford Hospital or St Peter's Hospital.

Keep the urine container upright at all times and ensure that the lid is firmly closed.

Do not pass urine directly into the container. Use a separate vessel, such as a jug, and transfer immediately afterwards.

For certain investigations such as a creatinine clearance you will also need to attend the phlebotomy department for a blood test either immediately before, during or after of the urine collection at your GP surgery or Ashford Hospital. Your requesting Clinician will inform you if this is needed and give you a separate blood test request form.

1. At a convenient time start the collection by emptying your bladder and discard this urine.
2. All the urine that you pass over the next 24 hours must be collected into the container.
3. 24 hours after the start of the collection, empty your bladder if possible, whether or not you need to, and collect any urine passed into the container.
4. Label the container with your name, date of birth, the date and time the collection began and the date and time the collection finished in the space provided.
5. Deliver the completed urine collection and request form to the Pathology at either Ashford Hospital or St Peter's Hospital pathology laboratory as soon as possible.

If you have any queries regarding the contents of this leaflet please contact the Biochemistry Department (St. Peter's Hospital) – telephone 01932 723039 where a member of our staff will be pleased to help you.

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email complaints@asph.nhs.uk

Author: E Moore

Version: 1

Published: 05/05/2010

We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.



اگر نیاز به ترجمه دارید، لطفاً با شماره 01932 723553 تماس بگیرید.

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

ਜੇ ਤੁਹਾਨੂੰ ਤਰਜਮੇ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ: 01932 723553

यदि आपको अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Jeżeli chcemy, aby te informacje w innym języku,
proszę zadzwonić 01932 723553

Se precisa de uma tradução por favor contacte: 01932 723553

Ashford Hospital London Road, Ashford, Middlesex, TW15 3AA Tel: **01784 884488**

St. Peter's Hospital Guildford Road, Chertsey, Surrey, KT16 0PZ Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk